

Carers Cafe Romsey

Do you support a relative or friend in Southern Test Valley who has a long term illness or disability?

Would you like to meet others who may understand how you feel?

Do you need advice, support or information?

Why not come along to the Carers Café **at 11.00am on the 3rd Friday of each month (dates overleaf) at:**

Hampshire Carers Centre,
9 Love Lane,
Romsey
SO51 8DE



Chat with other carers, have a coffee or a snack lunch, access help with benefits, find support and information. We occasionally have speakers and arrange social days out.

More information from:

Carers Together

Tel: 01794 519492

Email: admin@carerstogogether.org.uk

Or pop into the Carers Centre any weekday from 9.30am to 1.00pm.

Charity number 1051879

Last Updated: 16/07/21

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Dates for 2022

17 January	15 July
18 February	19 August
18 March	16 September
15 April	21 October
20 May	18 November
17 June	16 December

Held in conjunction with:
Romsey and District Carers Forum
Registered Charity Number: 1079112

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