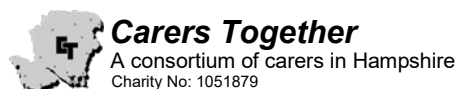


Test Valley South cont.
<p>Romsey Rendezvous Held on the 1st Friday of each month, 10.00am-1.00pm Carers Together, 9 Love Lane, Romsey SO51 8DE: A local community café held once a month for people to drop-in for refreshments, information or advice. Contact Carers Together for more information.</p>
<p>North Baddesley Drop-in Held on the 3rd Thursday of each month, 10.00am – 12.00noon All Saints Church, Rownhams Road, North Baddesley SO52 9EQ The café is run by All Saints Church, Carers Together attends to provide information, advice and support.</p>
<p>St Francis Rendezvous Held every Wednesday 10.00am – 12.00noon St Francis Church Hall, Pilgrims Close, Chandlers Ford, Eastleigh SO53 4ST A local community café held every Wednesday a month for people to drop-in. Contact 023 8027 1152 if you would like transport. Contact Carers Together for any other information.</p>

This leaflet was produced by Carers Together. Although every effort has been made to ensure that these details are correct, if you have any difficulties with contacting any of these groups, please contact us:

Hampshire Carers Centre
9 Love Lane
Romsey
Hampshire SO51 8DE
Tel: 01794 519495
Email: admin@carerstogether.org.uk

Revised 15 10 2020



Carers Together & Friends Monthly Events

For more information about each café, please contact the named person or alternatively contact Carers Together (see back page).
Please note that during the Covid-19 lockdown, these groups were paused. Not all of them are back up and running yet and some may have limited capacity. Please contact the group organisers before attending any of these groups.

Andover
<p>Andover Community Café - Run by RCS Services Held every Wednesday, 10.00am - 12.00noon Longmeadow Centre, The Oval, Andover SP10 5DE Contact RCS Services on 01254 359223 for more information.</p>
East Hampshire
<p>Kingsley Community Café Held on the 3rd Wednesday of each month, 10.00am-12.00noon Kingsley Centre, Forge Road, Kingsley GU35 9ND Contact Kingsley Organisation on 01420 479000 for more information.</p>
<p>Parent Carers Support Group Held every 6 weeks at the Kingsley Centre, Forge Road, Kingsley. Contact Kingsley Organisation on 01420 479000 for more information.</p>
New Forest
<p>Alderholt Café Held on the 3rd Wednesday of each month, 10.30am – 12.00noon Evangelical Church Hall, Hillbury Road, Alderholt SP6 3BQ Contact Anne Cakebread on 01425 653184</p>
<p>Fenwick Donut Café Held on the 3rd Friday of each month, 10.30am – 12.00noon Fenwick 2, Pikes Hill, Lyndhurst SO43 7NG Contact Henry Rosenvinger on 07867 505567.</p>
<p>Fordingbridge Carers Hub Held on the 4th Friday of each month, 2.00pm - 4.00pm Avonway Community Centre, 36 Shaftesbury Street, Fordingbridge SP6 1JF Contact Sarah Winteridge on 01425 654426</p>

New Forest cont.
<p>Horrill Carers Cafe Held on the 2nd Wednesday of each month, 11.00am - 12.00pm Horrill Centre, Challenger Place, Challenger Way, Dibden Purlieu SO43 5SZ Contact DC Manager on 023 8084 1115</p>
<p>Hythe Huddle (Dementia) Held on the 1st Wednesday of each month in the afternoon. Cornerstone Hythe URC, New Road, Hythe Contact Sally Wood on 023 8028 2378</p>
<p>Lyndhurst Cafe Held on the 1st Thursday of each month, 1.30pm - 3.30pm Lyndhurst Baptist Church Hall, Chapel Lane, Lyndhurst SO43 7FG Contact Peter Nicholls on 023 8028 2378</p>
<p>Milford Carers Cafe Held on the 2nd Thursday of each month, 2.00pm - 4.00pm Milford Community Centre, Sea Road, Milford on Sea SO41 0PG Contact Jenny Rose on 01590 645739</p>
<p>New Milton Carers Held on the 2nd Monday of each month, 2.00pm - 3.30pm Quaker Meeting House, 30 Whitefield Road, New Milton BH25 6DF Contact Maggie Salame on 01425 614714</p>
<p>Ringwood Cafe Held on the 2nd Thursday of each month, 10.30am - 12.30pm Trinity Centre, Christchurch Road, Ringwood BH24 1DH Contact Margaret Gibbs on 01425 474648</p>
<p>Totton Cafe Held on the 3rd Thursday of each month, 1.30pm - 3.30pm Trinity Church, Hazel Farm, Totton SO40 8WU Contact Sue Sapsard on 023 8029 2046</p>
<p>Totton Carers Cafe – Testvale Surgery Held on the 3rd Wednesday of each month, 1.30pm – 3.30pm Testvale Surgery, 12 Salisbury Road, Totton, Southampton SO40 3PY Contact Carers Together for more information.</p>

<p>Totton Rendezvous – Totton & Eling Community Centre Held on the 2nd & 4th Monday of each month, 10.00am – 12.00noon Totton & Eling Community Centre, Library Road, Totton, Southampton SO40 3RS Contact Carers Together for more information</p>
Southampton
<p>Next Steps Group Held on the 4th Tuesday of each month, 10.30am – 12.30pm Community Room, Sainsbury’s, 224 Portswood Road, Southampton SO17 2LB A café for carers who are no longer actively caring for their loved ones. This could be due to a bereavement or moving into residential/nursing care. Contact Carers Together for more information.</p>
Test Valley South
<p>Dementia Drop-in Held on the 1st Thursday of each month, 1.30pm – 3.30pm Hampshire Carers Centre, 9 Love Lane, Romsey SO51 8DE. Held in partnership with Carers Together, Southern Health and Andover MIND. A café for carers and their loved ones to come along to, make friends and get support and information regarding Dementia. Contact Carers Together for more information.</p>
<p>Romsey Carers Café Held on the 3rd Friday of each month, 11.00am – 1.00pm Hampshire Carers Centre, 9 Love Lane, Romsey SO51 8DE Fish & Chip lunch available for approx. £5 each. Contact Carers Together for more information.</p>
<p>Romsey Computer Café Held on the 2nd & 4th Tuesday of each month, 10.00am – 12.00noon Hampshire Carers Centre, 9 Love Lane, Romsey SO51 8DE A group with friendly and knowledgeable volunteers who can help you use your laptop, tablet or smart phone. Contact Carers Together for more information.</p>
<p>Romsey Hospital Community Café Held on the 2nd Tuesday of each month, 10.00am – 12.00noon Outpatients Department, Romsey Hospital, Winchester Hill, Romsey SO51 7ZA A local community café held once a month for people to drop-in. Contact Carers Together for more information.</p>