

Do you look after or support someone else?

You may look after, help or support a relative, friend or neighbour?

Perhaps you regularly visit someone and give support with their personal affairs?

Possibly you support someone with their personal care, health or their finances?

Let your GP know you are a carer

GPs would like to know about the carers who attend their surgery so they can offer the best help, support and information

Ask for a registration form to complete or talk to the receptionist **TODAY**

Would it help to have more information or to talk to someone about your needs as a carer?

If so, Carers Together can provide information, advice, support, advocacy or a free Carers Information Pack

Contact: **Carers Together** 9 Love Lane, Romsey, SO51 8DE
Phone: 01794 519495 Email: admin@carerstogether.org.uk

Free support listening line available for carers 7 days a week, 365 days a year. Call: 08000 3 23456

www.carerstogether.org.uk



Do you look after or support someone else?

You may look after, help or support a relative, friend or neighbour?

Perhaps you regularly visit someone and give support with their personal affairs?

Possibly you support someone with their personal care, health or their finances?

Let your GP know you are a carer

GPs would like to know about the carers who attend their surgery so they can offer the best help, support and information

Ask for a registration form to complete or talk to the receptionist **TODAY**

Would it help to have more information or to talk to someone about your needs as a carer?

If so, Carers Together can provide information, advice, support, advocacy or a free Carers Information Pack

Contact: **Carers Together** 9 Love Lane, Romsey, SO51 8DE
Phone: 01794 519495 Email: admin@carerstogether.org.uk

Free support listening line available for carers 7 days a week, 365 days a year. Call: 08000 3 23456

www.carerstogether.org.uk

