



Carers Together **CHRISTMAS PARTY**

**with a Buffet Lunch, Christmas
Carols, a Festive Quiz & Raffle**

**12.30pm – 3.00pm
Friday 20th December 2024**

Hampshire Carers Centre
9 Love Lane, Romsey
SO51 8DE

£5 per person



To book tickets:

Email: admin@carerstgether.org.uk

Tel: 01794 519495

Household Support Fund Supermarket Vouchers or Grants

The Household Support Fund is still open. Supermarket Vouchers or Grants are available for unpaid carers living in Hampshire or caring for someone who lives in Hampshire (not Portsmouth or Southampton)

Please contact Carers Together

Tel: 01794 519495 or **Email:**

support@carerstgether.org.uk

The application form is also available on:

www.carerstgether.org.uk

Alternatively, contact Princess Royal Trust for Carers. Note: Only apply to one organisation.

When completing the form, please state which Supermarket you would like to use to spend the voucher (**ASDA, Aldi, B&M, Farmfoods, M&S, Morrisons, Sainsbury's, Tesco or Waitrose**).

Alternatively, request the household item you would like to purchase. Also, ensure you state the primary care needs of the cared-for person & the support you provide.

Other support is also available at:

www.hants.gov.uk/costofliving/food-essentials



In October, the new Trust was launched: **Hampshire and Isle of Wight Healthcare NHS Foundation Trust** to provide community, mental health and learning disability

services across the area. You played an important part in helping to shape the new Trust with your feedback about what was important to you. More information on how you can help by sharing your feedback and what matters to you most can be found at: <https://hiowhealthcare.nhs.uk/about-us/news-and-views/residents-hampshire-and-isle-wight-invited-help-shaping-future-priorities-local-health-services> or Tel: 02382 311206 the Patient and Carer Support Hub for a paper copy. The Shaping Our Future Survey deadline is **6th November 2024**.

You can also join community conversations, workshops or email questions to project@fusion.hiow.nhs.uk
Information & resources is on the Trust Website strategy page: <https://hiowhealthcare.nhs.uk/>

A Christmas Spectacular Andre Rieu in Cinema

on **15th December 2024**

at **7:30pm**

at **Thornden Hall, Winchester Road,
Chandlers Ford**

£13 a ticket and carers tickets are free.

Tel: 023 8024 6555

<https://www.thorndenhall.co.uk/whats-on/andre-rieu-gold-and-silver>



Shown on a large screen. Run time approximately 180 minutes, including intermission.

Our Charity Shops are open 9.30am - 4.30pm Monday - Saturday

Chandlers Ford 4 Falkland Court, Chandlers Ford SO53 3GA
Romsey 4 Market Place Romsey SO51 8YZ
Totton 6 Water Lane, Totton SO40 3DP

Tel: 02380 265489

Tel: 01794 517459

Tel: 02380 873911



Activities at Romsey Community Wellbeing Hub November 2024 (not open on Bank Holidays)

Romsey Community Wellbeing Hub	Tuesday to Friday 10.00am - 2.00pm
Romsey Knitters and Hookers	Every Monday 7.00pm - 9.00pm
Romsey Computer Café Support & Information	Every Tuesday 10.00am - 12.00noon
Andover Mind MH Group Support & Information	Every Wednesday 9.30am - 1.30pm
Diabetes Aware 6th November	1st Wednesday 2.15pm - 4.15pm
Dementia Drop-in 7th November	1st Thursday 1.30pm - 3.30pm
Romsey Rendezvous 1st November	1st Friday 10.00am - 1.30pm
Macular Society 1st November	1st Friday 1.30pm - 3.30pm
Pain Clinic (SH referral) 12th November	Every 3rd Tuesday 1.30pm - 3.30pm
Romsey Carers Café 15th November	3rd Friday 11.00am - 1.00pm
Coffee, Craft & Chat 22nd November	4th Friday 10.30am - 12.30pm
Quaker Worship 10th & 24th November	2nd & 4th Sunday 10.45am

Free - Carers Active Listening Line

Available 365 days a year to support & listen to unpaid carers

Freephone: 08000 323456

10am - 8pm Mon-Fri 10am - 4pm
Weekends & Bank Holidays

Free - Counselling for carers

We offer a free counselling service for carers and former carers. Find out more by calling Tel: 01794 519495

Information, Advice & Support

For local people including carers, people with long term health conditions and older people. Assistance with Benefit Forms, regular group activities and free use of Laptops/Internet with or without help. Disabled friendly facilities and rooms to hire. Refreshments available.



**Are you a Carer?
Do you look after someone?**



Support Worker available on the **1st Tuesday** of each month to assist with benefit and energy bills advice.

Next sessions: **5th November & 3rd December 10.00am-2.30pm.**
9 Love Lane, Romsey SO51 8DE



As part of the **Warm Welcome Campaign, Carers Together** is offering a free welcoming Warm Space again this winter open to all Tuesday - Friday 10.00am - 2.00pm with refreshments. Disabled facilities & access. Please pop in for a coffee and a chat or to use one of our free laptops, play board games, do a puzzle or colouring, arts & crafts or access support and advice.

Website: www.warmwelcome.uk



HILS Health & Independent living support.

Meals on Wheels

Web: www.hils-uk.org

HILS will be at **the Carers Café** on Friday 15th November 2024 11.00am-1.30pm to cook us some sample meals to try and find out more information about the home service they provide. If you would like to attend this session please book in as numbers will be limited. **Tel:** 01794 529495 or **Email:** admin@carerstogether.org.uk



Romsey Older Adults Forum - STOIC on Friday 22nd November 2024

2.10pm - 4.00pm Age Concern Hall,
Linden Road, Romsey SO51 8DB

November Topic: **Community Safety Officer, Hampshire Fire and Rescue**

There is no STOIC meeting in December.

For more information or to book a place call Carers Together - **Tel:** 01794 519495 or **Email:** admin@carerstogether.org.uk
All older people welcome

For more information about anything in this Newsletter, or to book one of our meeting rooms or desk spaces, available to hire at reasonable prices, contact:

Carers Together, 9 Love Lane, Romsey SO51 8DE Open Tues-Fri 9.30am-2.00pm
Email: admin@carerstogether.org.uk **Tel:** 01794 519495

Web: www.carerstogether.org.uk **Facebook:** www.facebook.com/carerstogetherhampshire