

To: GPs and GP Practices
Hampshire, Portsmouth and Southampton

August 2022

Dear GPs and Practice Managers

Carers Registration at GP Surgeries

Since 2004, we have been encouraging carers to register with their GP and have developed a carer's registration form for them to use to record their details, as well as a poster you may wish to display to promote carers registration. These are reviewed yearly to ensure the information is up to date and relevant. I enclose the latest version for you to use or adapt if you wish.

You may wish to use the poster and form to encourage carers in your practice to let you know they are carers so you can signpost them to information that may support them. You may want to link this to other activities such as Flu Jab days. You may be aware that the CQC recognises the value of carers. The CQC utilises key markers of the quality of care for carers in the CQC practice profile, including the size of a practice's carers register.

Carers Together provides information, advocacy, advice, benefits advice, support planning and future care planning for carers as well as training and awareness. We link closely with the 'Say It Once' Programme. Our services are customised for each carer and a Carers Information Pack signposting carers to available support services, is sent out to carers who complete the request slip at the bottom of the registration form, if it is sent to us. We do hope this is useful for any carers registered at your surgery.

We attach 5 Tips for carers with information and organisations available to support carers and also Top Tips Pictorial-GP Reg-Adults, which you may wish to use. These were developed by the Hampshire Joint Carers Partnership, which is supported by Carers Together. We could send you other information to share with carers but do not want to overload you with paperwork. If leaflets or other information would be helpful, please let us know.

You can find electronic copies of all papers included with this letter, along with other information on our website: www.carerstogogether.org.uk

If we can help with anything else e.g. talks to your staff or training/information for the carers who attend your surgery/health centre, please let us know - we would be happy to help.

If you require any further information, please contact us at the above telephone number or email.

Yours sincerely



Anne Meader
Secretary

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