

## Carers Information Pack 2022-23

Carers Together personnel available to help you with information and support

<b>Offices and staff</b>	
<b>Carers Together</b> Hampshire Carers Centre 9 Love Lane Romsey SO51 8DE	Tel: 01794 519495
	Email: <a href="mailto:admin@carerstogogether.org.uk">admin@carerstogogether.org.uk</a>
	Web: <a href="http://www.carerstogogether.org.uk">www.carerstogogether.org.uk</a>
<b>Information &amp; Advice</b> – All our support workers are available to talk to you about any caring issues you may have. Monday – Friday 9.30am – 1.30pm	
<b>Your Choice Your Support – Take a Break</b> (Winchester, Southern Test Valley and Southampton)	
Mariga Weston	Tel: 01794 519495 / Mobile: 07920 506338 Email: <a href="mailto:mariga.weston@carerstogogether.org.uk">mariga.weston@carerstogogether.org.uk</a>

## Charity Shops & Carers Centres 2022-23

<b>Chandlers Ford</b> 4 Falkland Court Chandlers Ford SO53 3GA	Tel: 023 8026 5489
	Email: <a href="mailto:chandlersfordshop@carerstogogether.org.uk">chandlersfordshop@carerstogogether.org.uk</a>
<b>Romsey</b> 4 Market Place Romsey SO51 8YZ	Tel: 01794 517459
	Email: <a href="mailto:romseyshop@carerstogogether.org.uk">romseyshop@carerstogogether.org.uk</a>
<b>Totton</b> 6 Water Lane Totton SO40 3DP	Tel: 023 8087 3911
	Email: <a href="mailto:tottonshop@carerstogogether.org.uk">tottonshop@carerstogogether.org.uk</a>
<b>Woolston</b> 16 Victoria Road Woolston SO19 9DX	Tel: 023 8043 6964
	Email: <a href="mailto:woolstonshop@carerstogogether.org.uk">woolstonshop@carerstogogether.org.uk</a>