

Do you look after or support someone?

Do you look after, help or support a relative, friend or neighbour?

Do you regularly visit someone and give support with their personal affairs?

Do you support someone with their personal care, health or their finances?

Let your GP know you are a carer

GPs would like to know about the carers who attend the surgery so they can offer the right help, support and information

Ask for a registration form or talk to the receptionist **TODAY**

Would it help to have more information or to talk to someone about your needs as a carer?

If so Carers Together can provide information, advice, support, advocacy or a free Carers Information Pack

Contact Carers Together 9 Love Lane, Romsey, Hampshire, SO51 8DE Phone: 01794 519495 Email: admin@carerstogogether.org.uk
Free listening line 10am-8pm: 08000 3 23456



Carers Together
Charity No: 1051879

www.carerstogogether.org.uk

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