

# Carers Together & Friends Monthly Events

## Andover

### **Andover Community Café – Run by RCS Services**

Held every Wednesday, 10.00am – 12.00noon  
 Longmeadow Centre, The Oval, Andover SP10 5DE  
 Contact RCS Services on 01265 359223 for more information.

## East Hampshire

### **Kingsley Community Café**

Held on the 3<sup>rd</sup> Wednesday of each month,  
 10.00am – 12.00noon  
 Kingsley Centre, Forge Road, Kingsley GU35 9ND  
 Contact Kingsley Organisation on 01420 479000 for more information.

### **Parent Carers Support Group**

Held every 6 weeks at the Kingsley Centre,  
 Forge Road, Kingsley GU35 9ND.  
 It is an opportunity to meet other parent carers, share experiences and learn from each other.  
 Contact Kingsley Organisation on 01420 479000 for more information.

## New Forest

**We support New Forest Carers Friends with their cafés and drop-ins in the New Forest area. We attend each café regularly and provide information, advice and support to their members as needed. For more information about each café, please contact the named person if you are interested in attending. Alternatively, contact Carers Together on 01794 519495.**

### **Alderholt Café**

Held on the 3<sup>rd</sup> Wednesday of each month, 10.30am – 12.00noon  
 Evangelical Church Hall, Hillbury Road, Alderholt SP6 3BQ  
 Contact Anne Cakebread on 01425 653184

### **Fenwick Donut Café**

Held on the 3<sup>rd</sup> Friday of each month, 10.30am – 12.00noon  
 Fenwick 2, Pikes Hill, Lyndhurst SO43 7NG  
 Contact Henry Rosenvinger on 07867 505567.

### **Fordingbridge Carers Hub**

Held on the 4<sup>th</sup> Friday of each month, 2.00pm - 4.00pm  
 Avonway Community Centre, 36 Shaftesbury Street, Fordingbridge SP6 1JF  
 Contact Sarah Winteridge on 01425 654426

### **Horrill Carers Cafe**

Held on the 2<sup>nd</sup> Wednesday of each month, 11.00am - 12.00pm  
 Horrill Centre, Challenger Place, Challenger Way, Dibden Purlieu SO43 5SZ  
 Contact DC Manager on 023 8084 1115

### **Hythe Huddle (Dementia)**

Held on the 1<sup>st</sup> Wednesday of each month in the afternoon.  
 Cornerstone Hythe URC, New Road, Hythe  
 Contact Sally Wood on 023 8028 2378

**Lyndhurst Cafe**

Held on the 1<sup>st</sup> Thursday of each month, 1.30pm - 3.30pm  
Lyndhurst Baptist Church Hall, Chapel Lane, Lyndhurst SO43 7FG  
Contact Peter Nicholls on 023 8028 2378

**Milford Carers Cafe**

Held on the 2<sup>nd</sup> Thursday of each month, 2.00pm - 4.00pm  
Milford Community Centre, Sea Road, Milford on Sea SO41 0PG  
Contact Jenny Rose on 01590 645739

**New Milton Carers**

Held on the 2<sup>nd</sup> Monday of each month, 2.00pm - 3.30pm  
Quaker Meeting House, 30 Whitefield Road, New Milton BH25 6DF  
Contact Maggie Salame on 01425 614714

**Parkinson's Carers Group**

Held on the 4<sup>th</sup> Friday of each month from 11.00am  
Tea Total Tea Rooms, 23 High Street, Lyndhurst SO43 7BE  
Contact Nancy Hall on 07721 603819

**Ringwood Cafe**

Held on the 2<sup>nd</sup> Thursday of each month, 10.30am - 12.30pm  
Trinity Centre, Christchurch Road, Ringwood BH24 1DH  
Contact Anne Osborne on 01425 476327

**Totton Cafe**

Held on the 3<sup>rd</sup> Thursday of each month, 1.30pm - 3.30pm  
Trinity Church, Hazel Farm, Totton SO40 8WU  
Contact Sue Sapsard on 023 8029 2046

**Totton Rendezvous – Testvale Surgery**

Held on the 3<sup>rd</sup> Wednesday of each month, 1.30pm – 3.30pm  
Testvale Surgery, 12 Salisbury Road, Totton, Southampton SO40 3PY  
Contact Carers Together for more information.

**Totton Rendezvous – Totton & Eling Community Centre**

Held on the 2<sup>nd</sup> & 4<sup>th</sup> Monday of each month, 10.00am – 12.00noon  
Totton & Eling Community Centre, Library Road, Totton, Southampton SO40 3RS  
Contact Carers Together for more information

**Southampton****Bitterne & Thornhill Carers Café**

Held on the 1<sup>st</sup> Thursday of each month, 1.30pm – 3.30pm  
Pear Tree Church Hall, Pear Tree Road, Southampton SO19 7RT  
Contact Carers Together for more information.

**Next Steps Group**

Held on the 4<sup>th</sup> Tuesday of each month, 10.30am – 12.30pm  
Community Room, Sainsbury's, 224 Porstwood Road, Southampton SO17 2LB  
A café for carers who are no longer actively caring for their loved ones. This could be due to a bereavement or moving into residential/nursing care. Contact Carers Together for more information.

## Test Valley South

### **Dementia Drop-in**

Held on the 1<sup>st</sup> Thursday of each month, 1.30pm – 3.30pm

Hampshire Carers Centre, 9 Love Lane, Romsey SO51 8DE.

Held in conjunction with Southern Health and Solent MIND. A café for carers and their loved ones to come along to, make friends and get support and information regarding Alzheimer's and Dementia.

Contact Carers Together for more information.

### **Romsey Carers Café**

Held on the 3<sup>rd</sup> Friday of each month, 11.00am – 1.00pm

Hampshire Carers Centre, 9 Love Lane, Romsey SO51 8DE

Fish & Chip lunch available for approx. £5 each. Contact Carers Together for more information.

### **Romsey Computer Café**

Held on the 2<sup>nd</sup> & 4<sup>th</sup> Tuesday of each month, 10.00am – 12.00noon

Hampshire Carers Centre, 9 Love Lane, Romsey SO51 8DE

A group with friendly and knowledgeable volunteers who can help you use your laptop, tablet or smart phone. Contact Carers Together for more information.

### **Romsey Hospital Community Café**

Held on the 3<sup>rd</sup> Tuesday of each month, 10.00am – 12.00noon

Outpatients Department, Romsey Hospital, Winchester Hill, Romsey SO51 7ZA

A local community café held once a month for people to drop-in.

Contact Carers Together for more information.

### **Romsey Rendezvous**

Held on the 1<sup>st</sup> Friday of each month, 10.00am-1.30pm

Romsey Town Hall, 1 Market Place, Romsey SO51 8YZ

A local community café held once a month for people to drop-in.

Contact Carers Together for more information.

### **North Baddesley Drop-in**

Held on the 3<sup>rd</sup> Thursday of each month, 10.00am – 12.00noon

All Saints Church, Rownhams Road, North Baddesley SO52 9EQ

The café is run by All Saints Church, we attend to provide information and advice.

### **St Francis Rendezvous**

Held on the 2<sup>nd</sup> & 4<sup>th</sup> Wednesday of each month 10.00am – 12.00noon

St Francis Church Hall, Pilgrims Close, Chandlers Ford, Eastleigh SO53 4ST

A local community café held twice a month for people to drop-in.

Contact: 023 8027 1152 if you would like transport. Contact Carers Together for any other information.