



CARERS TOGETHER COMMUNITY DROP-IN

Open Monday to Friday 9.30am - 1.30pm

Carers Together supports unpaid carers, the people they care-for & local people with information, advice, support, benefits advice, advocacy & signposting

LATEST NEWS

Pat White Retiring



Pat was the first person to ever be employed by Carers Together in 1995 as our Admin Support Worker. After 5 years she moved on to run a Sitting Service and then worked for the National Trust followed by King John's House before returning to Carers Together in 2012 to run 'Your Choice Your Support' (YCYS) - see below. We thank her on behalf of all the carers she has supported and for whom she has arranged respite and breaks. Her colleagues will miss her and we hope she enjoys her retirement with her husband and spending more time with her five grandchildren.

YCYS Take a Break Service

We welcome Mariga Weston to the team. She will take over Pat's role coordinating the YCYS service. YCYS is also looking for compassionate support workers to provide personalised support and companionship tailored to the needs of the individual client (this does not include personal care). If you are interested, please contact 01794 519495 for more information about the service and the job description.

Coffee, Craft and Chat Group

4th Friday of every month 10:30-12:30 at Carers Together. No experience necessary. Lots of different beginner friendly activities each month. Board games are also available. Relaxed session to craft, chat, drink coffee/tea and eat cake! No booking required. Email leanne.cooper@carerstogether.org.uk for information.



Community Information Centre at 4 Market Place Romsey

Available Mon-Fri 10:30am-1:30pm Staff can help you find information about local activities, groups and organisations that are available in the local area. Also where you can find advice and support about health and social care. The Romsey Area Information Network Folder is available at the Centre with over 1000 entries about local information, activities and services. This network information is also available online at www.romseyareainfo.net.

Dying Matters Week is 2nd-6th May 2022

Ask for information about how more carers can have a positive experience of end of caring

Carers Week is 6th-12th June 2022

Carers Together is planning activities at their centre for Carers Week. More information about the planned activities will be available soon.

Our Charity Shops and Carers Centres Open 9.30am - 4.30pm Monday - Saturday

Any profits from the shops go to Carers Together and help support local people caring for a family member or friend who has an illness, disability or long term health condition.

Chandlers Ford - 4 Falkland Court, Chandlers Ford, SO53 3GA. **Tel:** 023 8026 5489

Romsey - 4 Market Place, Romsey SO51 8YZ. **Tel:** 01794 517459

Totton - 6 Water Lane, Totton, SO40 3DP. **Tel:** 023 8087 3911

Woolston - 16 Victoria Rd, Woolston, Southampton, SO19 9DX. **Tel:** 023 8043 6964

Activities at the Hampshire Carers Centre - May 2022

9 Love Lane, Romsey, Hampshire SO51 8DE Tel 01794 519495 for more information.

Diabetes Aware

Wednesday 4th May 2022, 2.15pm - 4.15pm
Run by people with diabetes. Receive support, information or just to get in contact with people who have the same condition. Occasional speakers on topics related to diabetes.

Dementia Drop-in

Thursday 7th May 2022, 1.30pm - 3.30pm
A café for carers and their loved ones. Make friends and get support and information about Dementia from professionals. Run by Andover MIND, Southern Health and Carers Together.

Romsey Rendezvous

Friday 6th May 2022, 10.00am - 1.30pm
A local community café for anyone to drop-in for a chat, refreshments, information or advice. You can play games, do some craft or just sit and chat. Optional soup lunch available for £3.

Romsey Carers Café

Friday 20th May 2022, 11.00am - 1.00pm
A support group for carers and their loved ones to attend for support, information and advice. Refreshments and optional Fish & Chip lunch available - approx. £5.00 each.

Macular Society

Friday 6th May 2022, 1.30pm - 3.30pm
A peer support group for people with Macular Degeneration. A welcoming and compassionate place to learn about the support available, build your confidence and better understand your own condition. For more info Tel: 01264 560259

Coffee, Craft & Chat

Friday 27th May 2022, 10.30am - 12.30pm
Beginner friendly crafts or bring your own small project to work on. Board/card games also available. Meet up with others for a chat and to share ideas.
Free session, refreshments available.

Romsey Computer Café

Every Tuesday 10.00am - 12.00noon
Help and support available with your laptop, tablet or phone. Try using one of our laptops or bring your own laptop or device.
Free session, refreshments available.

Community Information

Open Monday to Friday 10.30am to 1.30pm at Love Lane and 4 Market Place Romsey
Staff can help you find information about local groups & activities available in the area and advice/support about health and social care.

Quaker Worship

2nd Sunday of every month at 10:45am and 4th Sunday of every month at 5pm.
Romsey Worshipping Group
For more info: Tel: 023 8081 4309 or go to www.hampshirequakers.org.uk/romsey.php

Art Group

Every Monday, 2.00pm-4.00pm
Experience preferable, but not essential. Covers a range of processes and techniques. £10 per session. Run by Molly Haeri.
molly.haeri@carerstogether.org.uk

Meeting Facilities available - reasonable charges

Carers Together has a meeting room available for hire that will seat up to 35 people depending on how the room is arranged. Hybrid meeting facilities available for a mixture of participants on-line and in the room. Why not ask about using these for your event? There are also two smaller rooms for hire & some desk spaces available for regular or occasional use. Get in touch to find out more.

For more information about anything in this Newsletter contact:

Carers Together, 9 Love Lane, Romsey SO51 8DE
Tel: 01794 519495 **Email:** admin@carerstogether.org.uk
Website: www.carerstogether.org.uk
Facebook: www.facebook.com/carerstogetherhampshire