



Hampshire County Council Older Adults' Organised Activities Survey

Hampshire County Council's Adults' Health & Care Commissioning team is reviewing the **Older Adults' (65+) Day Services** offer.

A survey has been devised to seek the views of residents, people you may support, as well as providers on why people use day services, what activities could be offered, and changes that you would like to see.

Deadline: **Midnight, 17th December 2023**

The survey link is: <https://hampshirecc.welcomesyourfeedback.net/OADS-2023>

If you need to type the address in manually you can use a shorter link: bit.ly/OADS-2023

The survey should take about 10 minutes to complete.

Household Support Fund



Supermarket Vouchers or Household Grants are available to help unpaid carers in Hampshire with the rising cost of living.

Please contact Carers Together to make an application.

Email: support@carerstogether.org.uk or

Tel: 01794 519495

The application form is also available on our website: www.carerstogether.org.uk

The last date for making an application for payment before Christmas is 8th December 2023. Applications received after that date may not be processed until after 2nd January 2024. Alternatively, please contact Andover MIND or Princess Royal Trust for Carers. Please note: only apply to one organisation.

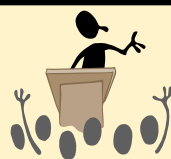
Further Support is also available at www.hants.gov.uk/costofliving/food-essentials

Connect to Support Hampshire Homepage (connecttosupporthampshire.org.uk)

Hampshire Carers Centre closes at 14:30pm on Friday 22nd December 2023 and reopens on Tuesday 2nd January 2024.

Merry Christmas and Happy New Year to all our friends, clients, carers and colleagues from the Trustees, Staff & Volunteers at Carers Together

Our Confidential Carers Active Listening Line will be open daily between 10.00am & 16.00pm over the Christmas period from Saturday 23rd December 2023 to Monday 1st January 2024. **Tel: 08000 323456**



STOIC - Romsey Older People's Partnership

No Meeting in December

Next meeting

Friday 27th January 2024
from 2.10pm - 4.00pm at Age Concern Hall, Linden Road, Romsey SO51 8DB

Topics

- British Legion
- Live Longer Better

Call Carers Together on 01794 519495 for more information



As part of the **Warm Welcome Campaign** Carers Together is offering a free Welcoming Warm Space again this winter open to all from Tuesday-Friday 9:30am-2.00pm with refreshments & disabled facilities. Please pop in for a coffee and a chat or to use our free laptops, play board games, do a puzzle, some arts & crafts or for support and advice. www.warmwelcome.uk



Our Charity Shops are open 9.30am - 4.30pm Monday - Saturday

Chandlers Ford	- 4 Falkland Court, Chandlers Ford SO53 3GA	Tel: 023 8026 5489
Romsey	- 4 Market Place Romsey SO51 8YZ	Tel: 01794 517459
Totton	- 6 Water Lane, Totton SO40 3DP	Tel: 023 8087 3911
Woolston	- 16 Victoria Rd, Woolston, Southampton SO19 9DX	Tel: 023 8043 6964



Activities at Romsey Community Information & Wellbeing Centre December 2023 (not Bank Holidays)

Romsey Community Wellbeing Hub	Tuesday to Friday 9.30am-14.30pm
Art Group	Every Monday 14.00pm-16.00pm
Romsey Computer Café	Every Tuesday 10.00am-12.00pm
Andover MIND Group	Every Wednesday 9.30am-13.30pm
Diabetes Aware 6 th December	First Wednesday 14.30-16.30pm
Dementia Drop-in 7 th December	1st Thursday 13.30pm-15.30pm
Music for Carers 1 st , 8 th , 15 th , 22 nd	Each Friday 10.45am-12.30pm
Romsey Rendezvous 1 st December	1st Friday 10.00am-13.30pm
Macular Society 1 st December	1st Friday 13.30pm-15.30pm
Romsey Carers Café 15 th December	3rd Friday 11.00am-13.00pm
Coffee, Craft & Chat No Session Dec	4th Friday 10.30am-12.30pm
Quaker Worship 10 th and 23 rd	2nd & 4th Sunday 10:45am

Information, Advice & Support for local people including carers, people with long term health conditions and older people. Assistance with Benefit Forms, regular Group activities and free use of computers. Refreshments available. Disabled friendly facilities and rooms to hire.



CHRISTMAS PARTY

**WITH CHRISTMAS THEME
MUSIC SESSION FROM
MUSIC FOR CARERS AT 10:45AM
& A CHRISTMAS BUFFET
LUNCH & RAFFLE FROM
12:30PM - 14:30PM**

**Friday 22nd December 2023
10:45-14:30pm**

**Hampshire Carers Centre
9, Love Lane, Romsey SO51 8DE**

Book tickets at the Carers Together office :
Music for Carers session Free
& optional Buffet lunch £5 per person

Contact admin@carerstogogether.org.uk Tel: 01794 519496

Carers Together Christmas Raffle



Raffle tickets are now on sale at our Carers Centre
9 Love Lane, Romsey.



If you are able to donate raffle prizes or items for our Christmas Raffle Hampers please bring to the above address.
Thank you.

The Raffle will be drawn at 2pm
on 22nd December 2023
at our Christmas Party.

Could you be a volunteer? We are looking for friendly volunteers to help with our activities, help in the office or in our Charity Shops. Training given, flexible hours. For more information - please call in the office for a chat or contact Carers Together on 01794 519495 or email admin@carerstogogether.org.uk

Counselling Service

Do you look after or support a relative friend or neighbour with additional needs, illness or who is older? Do you feel you may benefit from counselling? We offer free counselling to carers and former carers - find out more by calling Tel: 01794 519495 or email admin@carerstogogether.org.uk

For more information about anything in this Newsletter, or to book one of our meeting rooms or desk spaces, available to hire at reasonable prices, contact:

Carers Together, 9 Love Lane, Romsey SO51 8DE Open Mon-Fri 9.30am-2.30pm
Email: admin@carerstogogether.org.uk Tel: 01794 519495

Web: www.carerstogogether.org.uk Facebook: www.facebook.com/carerstogogetherhampshire