



# Carers Together

A consortium of carers in Hampshire

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To: GPs and GP Practices  
Hampshire, Portsmouth and Southampton

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Dear GPs and Practice Managers

## Carers Registration at GP Surgeries

Since 2004, we have been encouraging carers to register with their GP and have developed a carer's registration form for them to use to record their details, as well as a poster you may wish to display to promote carers registration. These are reviewed annually to ensure the information is up to date and relevant and I enclose the latest version for you to use or adapt if you wish.

You may wish to use the poster and form to encourage carers in your practice to let you know they are carers so you can signpost them to information that may support them. You may want to link this to other activities such as Flu Jab days.

Carers Together provides information, advocacy, advice, benefits advice, support planning and future care planning for carers. We link closely with the Say It Once Programme. Our services are customised for each carer and a Carers Information Pack sent out to carers who complete the request slip at the bottom of the registration form, if it is sent to us. We do hope this is useful for any carers registered at your surgery.

We could send you some information to share with carers but do not want to overload you with paperwork. If leaflets or other information would be helpful please let us know. Alternatively you may find information on our website [www.carerstogether.org.uk](http://www.carerstogether.org.uk) useful.

If we can help with anything else e.g. talks to your staff or training/information for the carers who attend your surgery/health centre please let us know - we would be happy to help.

If you require any further information, please contact us at the above telephone number or email. A copy of this letter, form and poster are available on our website. Click on "GP Registration 2018" on the home page to download copies.

Yours sincerely

Anne Meader  
Secretary

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