



Southampton Carers Directory

Local Clubs / Organisations

Name	Description	Contact Details
Advertiser – local free newspaper	See section “Community News” - highlights events, clubs, groups and societies across the area with reports, dates of meetings etc.	
African Caribbean Centre Trinity Road		023 8023 8991
Allotments Southampton area	s.ashdown@southampton.gov.uk	Sue Ashdown Allotments Officer for Southampton City Council 023 8083 2204
Art Club Oaklands Community School Fairisle Road Lordshill	Tuesdays from 7.00pm – 9.00pm (term time only) £5 per year and 75p per week	023 8073 9797
Art Asia	To promote and develop high-quality performance of south Asians Arts, music and dance, enhanced by educational activities to promote a rich and satisfying experience for all.	023 8022 6212 www.artasia.org.uk
Bugle Street Multicultural Day Centre		023 8063 2474
Badminton Club Oaklands Community School Fairisle Road Lordshill	Saturdays from 7.30pm to 9.30pm. All welcome.	023 8073 9797
Badminton Club for the over 60's Oaklands Community School Fairisle Road Lordshill	Fridays 2.30pm – 4.30pm All welcome.	023 8073 9797
Beginners Line Dancing West End Parish Centre Chapel Road West End	Mondays 11.00 – 12.30pm	Mr. Mike Towgood 01489 786387
Bell Ringers (City Centre) St. Marys and St. Michaels Churches	Mondays from 7.30pm – 9.00pm. Ring for Sunday services. New members welcome. www.southamptoncityringers.org.uk	Lucy Clark 07901 848777
Bitterne Local History Society	A society dedicated to the study and research of the history of Southampton in general, but with particular reference to the City areas east of the River Itchen.	Mr Ian Abrahams, 023 8043 1067



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Bitterne Luncheon Club Wesley Hall Whites Road Bitterne	1 st and 3 rd Tuesday each month Every month except August. Criteria - must live within city boundary and must live on their own. £2.50 per lunch	Muriel Wilkins 023 8022 6661
	Indoor short mat group. Thursdays from 7.30pm to 9.30pm. £2 to join association, £2 per night.	May Crittell 023 8057 6722
Bridge Club (Lordshill) Lordshill Community Centre Andromeda Road	Wednesdays 1.50pm for a 2.00pm start – 5.00pm. All welcome.	Dorothy Poultney 023 8046 2048
Burma Star Association (Southampton Branch) Conservative Club Dean Road Bitterne	Burma Star Association welcomes all holders of The Burma Star Medal or Pacific Star with “Burma” clasp. Includes all service men and women	Mr. Goldsmith Secretary 023 8086 2927
Cameo Club	Fellowship club for the over 60s. Monday 12.30pm Lunch Club, 2.15pm Cameo Club.	Alan Hill 02380 771655
Camera Club Oaklands Community School Fairisle Road Lordshill	Tuesdays 7.00pm – 9.00pm. Experienced photographers and beginners very welcome.	023 8077 7165 Barry Digweed (Treasurer)
Chess Club Oaklands Community School Fairisle Road Lordshill	Tuesdays 7.00pm to 10.00pm. (September – May)	David Murchie 023 8026 5095 023 8073 9797
Civil Service Retirement (Bitterne) St John Ambulance Hall Dean Road Bitterne	First Friday of the month from 2.00pm. All ex civil servants welcome. (St John Ambulance Hall – Tel. No. 023 8043 7654)	Joan Dunnings 023 8057 6784
Down to Earth Environmental Educational Centre (Millbrook Community Farm) Green Lane	The farm is going through a period of change at the moment from May to September 2008. Contact Southampton City Council after September 2008.	
Dressmaking Maybush & District Community Association Holy Family Church Room	Thursdays from 2.00pm to 4.00pm.	
Fifty+ Club (St. Marys) St. Marys Centre St. Marys Road	Wednesdays 9.30am to 12.00pm £2.50 per session	023 8022 7579



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Friends of Southampton's Museums, Archives and Galleries	Supports, assists and promotes the work of our galleries and museums which house important collections of paintings, sculpture, documents and artefacts	Marian Hubble c/o City Arts Gallery 023 8083 2277
Friends of Southampton's Old Cemetery	A group of enthusiasts interested in the history and condition of the Old Cemetery in Southampton. Regular lead walks.	Gillie Blake 023 80671083
Golden Hour (Woolston) Peartree Green United Reformed Church Hall Bridge Road Woolston	Thursdays 2.30pm. Thirty minutes devoted service. Forty five minutes coffee and chat. Social club with speakers.	Muriel Beer 023 8043 1041
Hampshire W.I.	The Hampshire W.I. Headquarters will give information regarding the Women's Institute in the Southampton area.	01962 852 721 (9.30 – 2.30)
Live Life to the Full Age Concern	We support and nurture activities which promote health and social wellbeing for anyone over the age of 50. From community gardening projects to senior citizens activity groups. From aqua aerobics to bird watching, amateur dramatics to archery, from cycling to lunch clubs	Ross Borman 023 8036 8636
Lordswood Greenway Conservation	www.btcv.org.uk	Julia Fraser 023 8076 9719
Luncheon Club for Pensioners Ascension Church of England Cobden Avenue Southampton	2 nd and 4 th Monday	Anne Weekes 023 8067 8743
Machine Knitting Club Hedge End Day Centre St. Johns Road Hedge End	Second Monday of the month from 7.30pm to 9.30pm. Talks, patterns etc.	Sue Scott 023 8069 3163
Maybush & District Community Association Millbrook Community School Green Lane	A programme of various activities.	Miss H. Vaudin Hon. Secretary 52 Rownhams Road Southampton SO16 5DY



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Maybush Senior Citizens Club St. Peters Church Hall Lockerley Crescent Maybush	Fridays. 2.00pm – 3.30pm. Join in for entertainment, occasional bingo/quizzes. £4 per year.	Mr. Harris 023 8034 0196
Millbrook Christian Centre 51 Wimpson Lane Millbrook	Second Tuesday of every month. 2.30pm – 4.30pm. Connect Tea for the over 55's. Fourth Tuesday of every month. 12.30pm – 3.00pm. Connect Lunch for the over 55's. Friday mornings, 10.00am – 11.30am. Ladies pray meeting.	023 8039 9894 (9.30am – 12.30pm) (The lunch must be booked)
Mission to Seafarers Southampton Seafarers Centre Queens Terrace	Ladies Guild second Wednesday of the month from 10.00am. Watch Ashore	Rev. Andrew Huckett 023 8071 4083
Morph Southampton Voluntary Services	morph are a group of ex and on- going drug users committed to improving things for anyone still using drugs or trying to stop. We're not abstinence -based, nor do we condemn or condone drug use, but seek to improve health outcomes through a "Harm Reduction" approach. Meets Mondays 1-3pm	023 8021 6009
Pet Dog Training for Puppies Scallywags School for Dogs Festival Hall Merry Oak Road Merry Oak	Tuesday evenings	01329 833 813 Scallywags School for Dogs The Haven Turkey Island Shedfield Southampton SO32 2JE
Redbridge School Cuckmere Lane	Various Adult Education Courses	
Royal Air Force Association (Itchen and Hamble) Royal British Legion Netley	First and third Wednesday of the month at 7.30pm.	Mike Parker 023 8045 6470



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Name	Description	Contact Details
Royal British Legion – Southampton Branch Eastgate Street	Provides assistance and support to all ex-service personnel and dependants. Health and respite care, pensions advice and financial advice, resettlement training. Holidays for severely disabled and small loans.	023 8022 7862 Head Office Tel. No. 020 7973 7200
Salvation Army Hall Victor Street Shirley	Lunch Club - Mondays 12.30. Cameo Club - Mondays 2.15 to 3.30pm. This is a fellowship club for the over 60's. Alan.Hill@salvationarmy.org.uk	
Scrabble Club (West End) Hilldene Centre, High Street West End	Wednesdays from 7.30pm to 10.30pm. To generate an interest in playing scrabble at a social or competitive level.	Sylvia Meyrick 023 8046 3649
Senior Citizens Bitterne United Reformed Church Bitterne Precinct (above Iceland) Bitterne	Thursdays 2.00 – 3.30pm Open Coffee mornings – Wednesdays and Saturdays 10.00 – 11.30am	023 8042 1844
Senior Citizens Club (Shirley) Spurgeon Hall (Next to Baptist Church) Church Street	Fridays from 2.00pm to 3.30pm. Weekly entertainment, tea and biscuits. Occasional outings.	Mr. John Burns 023 8073 1235
Sequence Dancing Oaklands Community School Fairisle Road Lordshill	Thursdays 1.30pm – 3.30pm	023 8073 9797
Sholing Salvation Army Club Salvation Army Hall North East Road Sholing	Over 60's. Thursdays 2.00pm	023 8043 1357 Major Rosemary Shephard
Sholing Senior Citizens Club Sholing Community Centre Butts Road Sholing	Tuesdays from 12.30pm – 3.30pm	
Skillshare Maybush & District Community Association Millbrook Community School Green Lane	Fridays from 1.00pm to 3.00pm term time only.	
Solent Model Railway Group Oaklands Community School Fairisle Road Lordshill	Enthusiasts or keen beginners of all ages are welcome.	023 8073 9797



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Southampton City Museums Archaeological Society	Holds seven lectures a year with a Christmas party, an annual study day and several outings. Third Tuesday from 7pm at the Tudor Merchants' Hall.	Anna Welch 07812 851095
Southampton Deaf Youth Club Woolston Youth Club Woolston	Sotondeafyouthclub@hotmail.com	Mrs Kim Harbut
Southampton Drum Circle Edmund Kell Unitarian Church, Bellevue Road Southampton	The opportunity to discover and express ourselves joyfully and freely through rhythm and feel the connections we create whilst playing together. Every 2 months on the first Friday at 7pm,	023 8038 6708
Southampton Pensioners Club (Bitterne Park) United Reform Church Bitterne Park Triangle Cobden Avenue Bitterne	Tuesdays from 1.45pm. New members very welcome.	Ross Chalk 023 8058 2131
Southampton Senior Citizens and Deaf Club Northam Community Centre Kent Street Northam	Tuesdays 12.00 – 5.00pm (Hampshire Deaf Association Tel. No. 023 8051 6516)	Rosemary Clark Secretary 023 8073 3491
Sports for the over 50's Oaklands Community School Fairisle Road Lordshill	Tuesdays 12.00 to 1.00pm. 50p per session Choose from a range of sports (term time only)	023 8073 9797
Suhana Asian Elders Centre Third Age Centre Cranbury Terrace	Welcomes all older people from the Asian Community. Open every afternoon except Sunday from 12.30pm – 5.30pm	023 8063 6865
The Royal Hampshire Regiment Comrades Association 27 Roberts Road Shirley	To ensure the continuation of the comradeship formed during service with the Regiment and to assist our comrades in need.	023 8063 5667
Tuck in Baptist Church Bitterne Park	1 st and 3 rd Tuesday	Sylvia 023 8055 2883
Woolston Community Centre Church Road Woolston	Mondays 2.00 – 3.00pm Over 50's Keep Fit Fridays 9.30 – 11.30am Art class (chat and paint)	023 8043 2728