

# ARE YOU A CARER? OR DO YOU NEED CARE?

There are many circumstances in which you might want or need financial and practical support. The table below shows contact details of organisations and services that you may find useful. It is split into 2 categories – a contact list for customers under 60 years and a one for customers 60 years and above. Also see over the page.

<b>Under 60 YEARS?</b>	<b>60 YEARS or over?</b>
<p><b>Disability &amp; Carers Service</b>  <b>Free phone 0800 88 22 00</b>            This is a confidential phone service for disabled people, their carers and their representatives.</p>	<p><b>Disability &amp; Carers Service</b>  <b>Free phone 0800 88 22 00</b>            This is a confidential phone service for disabled people, their carers and their representatives.</p>
<p><b>Carers Allowance Unit</b>  <b>01253 85 61 23</b>            You may be able to get Carers Allowance if you care for someone for more than 35 hours a week.</p>	<p><b>Carers Allowance Unit</b>  <b>01253 85 61 23</b>            You may be able to get Carers Allowance if you care for someone for more than 35 hours a week.</p>
<p><b>Carers UK</b>  <b>0808 808 7777</b>            A dedicated help line for carers</p>	<p><b>Carers UK</b>  <b>0808 808 7777</b>            A dedicated help line for carers</p>
<p><b>Carers Active Listening Line</b>  <b>0800 03 23456</b> (local line)            9am to 11pm 365 days per year</p>	<p><b>Carers Active Listening Line</b>  <b>0800 03 23456</b> (local line)            9am to 11pm 365 days per year</p>
<p><b>New Deal for Disabled people</b>  <b>0800 137 177</b>            A programme for people with disabilities or health conditions who are interested in working</p>	<p><b>The Pension Service</b>  <b>0845 6060265</b>            Book a <b>visit</b> to check your entitlement to <b>Pension Credit</b> or other benefits for Pensioners</p>
	<p><b>Attendance Allowance</b>  <b>0800 882200</b>            If you have needed help looking after yourself for 6 months or are terminally ill</p>

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<b>Under 60 YEARS?</b>	<b>60 YEARS or over?</b>
<p><b>Disability Living Allowance</b>  <b>0800 002200</b>            Disabled before 65 years and have been disabled for 3 months</p>	<p><b>Disability Living Allowance</b>  <b>0800 882200</b>            Disabled before 65 years and have been disabled for 3 months</p>
<p><b>Housing Benefit &amp; Council Tax Benefit</b>  <b>TVBC 01264 368000</b>  <b>NFDC 02380 285000</b></p>	<p><b>Housing Benefit &amp; Council Tax Benefit</b>  <b>TVBC 01264 368000</b>  <b>NFDC 02380 285000</b></p>
<p><b>Bereavement Benefits</b>  <b>01304 868000</b></p>	<p><b>Bereavement Benefits</b>  <b>01304 868000</b>  <b>nb</b> if in receipt of State Pension rules change</p>
<p><b>Social Fund</b>  <b>023 8071 36000</b>            Budgeting loans – 0% interest. Have to be in receipt of a qualifying benefit for 26 weeks or more             Crisis Loans – 0% interest. 16 years and above             Community Care Grants – have to be in receipt of a qualifying benefit             Funeral Payments - have to be in receipt of a qualifying benefit <i>n.b.</i> savings will be taken into account</p>	<p><b>Social Fund</b>  <b>023 8071 36000</b>            Budgeting loans – 0% interest have to be in receipt of a qualifying benefit for 26 weeks or more             Crisis Loans – 0% interest             Community Care Grants – have to be in receipt of a qualifying benefit             Funeral Payments - have to be in receipt of a qualifying benefit <i>n.b.</i> savings will be taken into account</p>
<p><b>Disability.gov.</b>            Guide to laws and programmes that are in place to support disability rights.  <a href="http://www.disability.gov.uk">www.disability.gov.uk</a></p>	<p><b>Disability.gov.</b>            Guide to laws and programmes that are in place to support disability rights.  <a href="http://www.disability.gov.uk">www.disability.gov.uk</a></p>
<p><b>HM Revenue and Customs</b>  <b>Tax credits</b>  <b>0845 300 3900</b></p>	<p><b>HM Revenue and Customs</b>  <b>Tax credits</b>  <b>0845 300 3900</b></p>