



**Carers Together**



Registered Charity No: 1051879

Carers Together  
9 Love Lane  
Romsey  
Hampshire  
SO51 8DE

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Email: [admin@carerstgether.org.uk](mailto:admin@carerstgether.org.uk)

**Wendy Meredith** - Carers Advocacy and Support Worker  
Southampton Carers Together - Mobile 07921700496

**2008 Carers Support Meetings**

- a. Additional dates may apply to the dates given below, please contact Wendy for details.
- b Also, a café will shortly be running in the Thornhill area - please contact Wendy if you would like to join in!
- c The Mental Health Group may be given a new name.

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**1. Shirley Warren**

Shirley Warren Action Church  
107-117 Warren Crescent

1pm-3pm

First Wednesday of the month

- 05 March
- 02 April
- 07 May
- 04 June
- 02 July
- 06 August
- 03 September
- 01 October
- 05 November
- 03 December

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**2. Bitterne Carers Group.**

Bitterne Methodist Hall,  
Whites Road.

1.30pm - 3.30pm

First Thursday of the month

- 06 March
- 03 April
- 01 May
- 05 June
- 03 July
- 07 August
- 04 September
- 02 October
- 06 November

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**3. Parent Carers Group**

Central Hall, St. Mary Street

10 am

3rd Thursday of the month

- 20 March
- 17 April
- 15 May
- 19 June
- 17 July
- 21 August
- 18 September
- 16 October
- 20 November

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**4. Mental Health Carers Group**

Address.....

10.30am

3rd Tuesday of the month

- 18 March
- 15 April
- 20 May
- 17 June
- 15 July
- 19 August
- 16 September
- 21 October