

Romsey Carers Cafe

Southern Test Valley 2011

Do you look after or support a relative, friend or neighbour in Southern Test Valley with a long term illness/disability? Would you like to meet others who may understand how you feel?

We meet on 1st and 3rd Fridays each month at 11am at Woodley Village Hall School Road Romsey

07 Jan 2011	06 May 2011	02 Sep 2011
21 Jan 2011	20 May 2011	16 Sep 2011
04 Feb 2011	03 Jun 2011	07 Oct 2011
18 Feb 2011	17 Jun 2011	21 Oct 2011
04 Mar 2011	01 Jul 2011	04 Nov 2011
18 Mar 2011	15 Jul 2011	18 Nov 2011
01 Apr 2011	05 Aug 2011	02 Dec 2011
15 Apr 2011	19 Aug 2011	16 Dec 2011

We are a friendly informal group who share support, experiences, concerns and information

Have a coffee or a snack lunch, chat with friends, collect information, access help with signposting to benefits available, find support, training and awareness.

All caring people welcome
For more information or support
Tel: 01794 519495 or 515126
email: admin@carersromsey.org.uk or pop into
9 Love Lane Romsey SO51 8DE
any weekday between 9.30am and 4.30pm

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