

Carers Together in Hampshire
9 Love Lane
Romsey
Hampshire
SO51 8DE



News from Carers Together in Hampshire May 26th, 2009

New support for Alzheimer's and dementia

A new support and information service has been set up for anyone who has a partner, friend or family member with Alzheimer's disease or dementia.

The new drop-in sessions will take place at the Carers Together in Hampshire offices at 9 Love Lane, Romsey, SO51 8DE every Wednesday from 10am to 12.30pm. Anyone from across Hampshire or neighbouring areas is welcome to attend.

The aim is to provide advice and information on Alzheimer's disease and dementia, both from a health point of view and also in terms of the practical, legal and financial problems that may arise.

"People wishing to attend may be carers or might be those with a relative, partner or friend with Alzheimer's or dementia who is living in residential care, with a relative or in a hospital," said Rory Heatley, Project Co-ordinator at Carers Together in Hampshire."

"We work closely with the Alzheimer's Society and other groups to give guidance on what help is available as well as offering answers to your questions and a friendly listening ear."

"Caring for someone with dementia or Alzheimer's can be a difficult and demanding task. If a relative or friend is newly diagnosed you may also want to find out more about these conditions and the practical and legal issues you might face. Family carers and people with Alzheimer's are also welcome to drop in for information and support or even just a cup of coffee and a chat."

Alzheimer's disease is the most common form of dementia, involving the loss of mental abilities such as memory and reasoning.

Alzheimer's disease is a progressive condition for which there is no cure, although treatment can slow down the development. Symptoms can be memory problems, difficulty saying the right words, frustration, mood swings, confusion, personality and behaviour changes.

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More information about the drop-in sessions contact the Romsey and District Carers Forum at Carers Together in Hampshire on 01794 515126.

Further information about Alzheimer's Disease is available on <http://www.nhs.uk/Conditions/Alzheimers-disease/Pages/Introduction.aspx>

The Carers Together in Hampshire free Carers' Active Listening Line is on 08000 3 23456.

Note to editors:

Carers Together in Hampshire is the largest carers' support organisation in Hampshire and supports over 40 local carers' groups and forums across the county.

Carers Together is a charity and social enterprise run by carers, for carers and is one of the few carers' organisations run largely by volunteers, including its management team and chief executive.

The charity organises outing for carers, runs an advocacy service, organises regular information, advice and support sessions and also runs a free helpline, the **Carers' Active Listening Line, on 08000 3 23456**, where carers can get immediate emotional support and advice. The helpline is available from 9am to 11pm every day of the year.

Further information is available from www.carerstogether.org.uk

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