

# Carers Cafés in Havant and Petersfield 2008

Come along to meet other Carers and your local Carers Support Workers

Carers Café's are open to all Carers - they are informal meetings in a relaxed atmosphere. You are not expected to attend at the start and stay to the end and you do not have to speak.

**It's a mini-respite period.** Conversation is not centred on caring issues, but you can discuss any issues with your Carer Support Worker and/or with other Carers.

You are welcome to bring the person you care for if you wish.

**Petersfield 10am-12noon** First Tuesday of Month

At Winton House Centre, 18 High Street, Petersfield

**5<sup>th</sup> February, 4<sup>th</sup> March, 1<sup>st</sup> April, 6<sup>th</sup> May, 3<sup>rd</sup> June 1<sup>st</sup> July, 5<sup>th</sup> August,  
2<sup>nd</sup> September, 7<sup>th</sup> October 4<sup>th</sup> November, 2<sup>nd</sup> December**

**Bordon 10am-11.30am** First Wednesday of Month

Forrest Community Centre, Bordon

**6<sup>th</sup> February, 5<sup>th</sup> March, 2<sup>nd</sup> April, 7<sup>th</sup> May, 4<sup>th</sup> June, 2<sup>nd</sup> July, 6<sup>th</sup> August,  
3<sup>rd</sup> September, 1<sup>st</sup> October, 5<sup>th</sup> November, 3<sup>rd</sup> December**

**Horndean 10am-12noon** Second Tuesday of Month

Merchistoun Hall, 106 Portsmouth Road, Horndean

**8<sup>th</sup> January, 12<sup>th</sup> February, 11<sup>th</sup> March, 8<sup>th</sup> April, 13<sup>th</sup> May, 10<sup>th</sup> June, 8<sup>th</sup> July  
12<sup>th</sup> August, 9<sup>th</sup> September, 14<sup>th</sup> October, 11<sup>th</sup> November, 9<sup>th</sup> December**

**Hayling Island Carers Club 2pm-4pm** Second Tuesday of Month

Sunnyside Hall, 14 Webb Lane, Mengham, Hayling

**8<sup>th</sup> January, 12<sup>th</sup> February, 11<sup>th</sup> March, 8<sup>th</sup> April, 13<sup>th</sup> May, 10<sup>th</sup> June, 8<sup>th</sup> July  
12<sup>th</sup> August, 9<sup>th</sup> September, 14<sup>th</sup> October, 11<sup>th</sup> November, 9<sup>th</sup> December**

**Sunnyside Group for Carers and the Cared for.**

**2pm-4pm** Third Wednesday of Month

Sunnyside Hall, 14 Webb Lane, Mengham, Hayling

**16<sup>th</sup> January, 20<sup>th</sup> February, 19<sup>th</sup> March, 16<sup>th</sup> April, 21<sup>st</sup> May, 18<sup>th</sup> June, 16<sup>th</sup> July  
20<sup>th</sup> August, 17<sup>th</sup> September, 15<sup>th</sup> October, 19<sup>th</sup> November, 17<sup>th</sup> December**

**Emsworth 1.30pm-3.30pm** Third Thursday of Month

Emsworth Pastoral Centre.

**17<sup>th</sup> January, 21<sup>st</sup> February, 20<sup>th</sup> March, 17<sup>th</sup> April, 15<sup>th</sup> May, 19<sup>th</sup> June, 17<sup>th</sup> July  
21<sup>st</sup> August, 18<sup>th</sup> September, 16<sup>th</sup> October, 20<sup>th</sup> November, 18<sup>th</sup> December**

**Horndean Drop-In 10.00am to 12 noon** Third Thursday of Month

Merchistoun Hall, 106 Portsmouth Road, Horndean

The Drop-In is an opportunity for Carers to call in to discuss any Carers Issues

**17<sup>th</sup> January, 21<sup>st</sup> February, 20<sup>th</sup> March, 17<sup>th</sup> April, 15<sup>th</sup> May, 19<sup>th</sup> June, 17<sup>th</sup> July  
21<sup>st</sup> August, 18<sup>th</sup> September, 16<sup>th</sup> October, 20<sup>th</sup> November, 18<sup>th</sup> December**

**Havant Carers Forum 10.30am-12.30pm** Third Tuesday of alternate Months

St Joseph's Church Hall, 134 West Street, Havant

**15<sup>th</sup> January, 18<sup>th</sup> March, 20<sup>th</sup> May, 15<sup>th</sup> July, 16<sup>th</sup> September, 18<sup>th</sup> November**

The forum is an opportunity for Carers to speak to professionals about their concerns and for professionals to explain what they are doing to improve services to Carers and those they care for.

For further information contact SYLVIA HUTCHINS TEL. 023 92595455

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