

Do You Care?

GPs are required to record the number of carers and people being cared for attached to their surgery and to offer the right help and support.

Make sure you let them know that you are a carer

Carers do it without pay

Carers do it because they care



Carers need a circle of support to help them

DO YOU LOOK AFTER, HELP OR SUPPORT ANOTHER PERSON?

DO YOU LOOK AFTER, HELP OR SUPPORT A RELATIVE WHO LIVES WITH YOU?

DO YOU REGULARLY VISIT SOMEONE IN THEIR OWN HOME OR IN A NURSING OR CARE HOME?

DO YOU HELP OR SUPPORT A RELATIVE, FRIEND OR NEIGHBOUR WHO DOESN'T LIVE WITH YOU?

DO YOU HELP SOMEONE TO DEAL WITH THEIR PERSONAL AFFAIRS OR THEIR FINANCES?

You are a carer!

Let your GP know so you can be offered appropriate consideration and support.

Ask for a registration form or talk to the receptionist
TODAY

For a free Carers Information Pack contact

Carers Together Unit D6 The Premier Centre Premier Way Romsey Hampshire SO51 9DG
Phone: 01794 519495 Fax: 01794 519895 Email: admin@carerstogether.org.uk