



**Carers  
Together**

[www.carerstogether.org.uk](http://www.carerstogether.org.uk)

# Do you Care?

## Welcome to the new format newsletter

It is a while since our last newsletter was sent out, and we have been getting many requests for updated copies. However, the old style newsletter was expensive to produce and along with everyone else, we need to make sure we use our funds wisely. So from this month we are introducing a new quarterly newsletter which will be available by e-mail and have a new slim line format. More information on all our stories will be available from our web site

[www.carerstogether.org.uk](http://www.carerstogether.org.uk)

Don't worry if you don't have access to e-mail or the internet because we can still send you paper copies. However, to ensure we are not spending unnecessarily, you need to let us know if you are happy with an e-mail copy or if you would prefer a paper copy. We hope you enjoy this new format newsletter, but please let us know what you think.

Best wishes

Anne Meader — Editor

## Carers break away and do the town

It was the break they all needed, but never dreamed they'd be able to take. Twenty carers from Hampshire enjoyed "time out" for themselves in London as part of a pilot project offering short breaks to unpaid carers.

The break was organised by Jude Habib, of Sound Innovation with Anne Meader of Carers Together.

For the full story see the Carers Together website

[www.carerstogether.org.uk](http://www.carerstogether.org.uk)

## Looking for Part Time Work?

We are currently recruiting part-time Support Workers in Basingstoke, Southampton and Winchester. If you are interested in this varied and rewarding role, with flexible hours from one hour per week upwards, please contact Carers Together on 01794 519495 or Email:

[admin@carerstogether.org.uk](mailto:admin@carerstogether.org.uk)

## Direct Payments Support Ending

Did you know that Hampshire County Council are ending their present contract for Direct Payments support?

If you are currently in receipt of direct payments, do you know where to go to for support?

If you are a carer and are worried please contact Carers Together at

Email: [admin@carerstogether.org.uk](mailto:admin@carerstogether.org.uk)

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## Can you help?

### Updated website

Our web site at [www.carerstogether.org.uk](http://www.carerstogether.org.uk) is currently being revamped and updated. Please have patience with us while the work is carried out, but we would welcome your comments on

Tel: 01794 519495 or

Email: [admin@carerstogether.org.uk](mailto:admin@carerstogether.org.uk)

*Please let us know what you think.*

Carers Together is a charity run by carers for carers.

However, in order for us to continue providing services to carers, we always need funds. If you are able to help us, by making a donation, by joining our supporters club, or by joining our volunteer fundraising team, we would greatly appreciate it. More details are on our web site [www.carerstogether.org.uk/fundraising.php](http://www.carerstogether.org.uk/fundraising.php) or contact us on Tel: 01794 519495.

*Don't forget that if you are a tax payer, Gift Aid means we can claim back the tax on your gift at no extra cost to you. Forms are available from our web site and the Romsey office.*



### Woolston Window

What does WINDOW stand for? **W**oolston, **I**nformation, **N**etworking, **D**evelopment, **O**utreach, **W**eston.

The Woolston Window was officially opened in May. This new information and drop in centre is situated right in the heart of Woolston on Victoria Road.

For more information or to let us know how you would like us to use this facility, please contact Pilar or Wendy on 023 8020 2623 or Email: [admin@carerstogether.org.uk](mailto:admin@carerstogether.org.uk)

### Portsmouth Carers Council

Carers Together are supporting the Portsmouth Carers Council. If you live in Portsmouth and would like a say in how services for carers are run, please contact Sylvia on 023 9259 5455 or find more information at

[www.carerstogether.org.uk/carerscouncil](http://www.carerstogether.org.uk/carerscouncil)

### Contact Carers Together

Email: [admin@carerstogether.org.uk](mailto:admin@carerstogether.org.uk)

[www.carerstogether.org.uk](http://www.carerstogether.org.uk)

**Romsey:**  
01794 519495

**New Forest:**  
01794 519495

**Southampton:**  
023 8020 2623

**South East Hampshire:**  
023 9259 5455

**Basingstoke:**  
01256 353290

### New Support Service in Basingstoke

Are you a carer who needs a break, a disabled person who needs assistance or do you just need help with activities in or out of your home?

We can provide you with a Support Worker to help you for a small hourly rate. Some of the things they can do include chatting, playing a game, reading, taking you shopping or to the library, going with you to an event or a meeting. We don't do personal care, but other than that no task is too difficult or too simple to consider.

To find out more call 01256 353290 or

Email: [wendy.gannon@carerstogether.org.uk](mailto:wendy.gannon@carerstogether.org.uk)



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