



CARERS FACT SHEET 6d

Where to find help with completing Benefits Forms

There are a number of ways you can find out about help with completing benefits forms:

- Ask at your local CAB office – address in local telephone book
- Ask at Community Legal Services Direct Tel: 0845 345 4 345
- Ring one of the Department of Work and Pensions free phone lines when you will be helped to complete the form on line. It will then be sent to you for signature and to attach any relevant forms or documents. If this is not satisfactory for you ask for a local DWP visiting officer to help you. The telephone numbers for each form and benefit are contained in Carers Fact Sheet 6c
- Ask at your local Housing Benefits office
- Ask your local carers support worker to help
- Ask your social worker or care manager to help
- Ask at your local Age Concern Centre or at Age Concern Hampshire
- In some areas there are Advice Centres and Information Centres – ask for directions from your local Council of Voluntary Service office or local library